

PARENT INFORMATION SHEET - HARBOR SHELTER

Your child has been admitted to Harbor Shelter and Counseling Center. We hope you child's involvement in our program is beneficial to them and to you. We will strive to work with you in dealing with any problem that your child may be experiencing.

<u>Child's Personal Needs</u>: Four changes of clothing and one pair of pajamas. Excess clothing should be taken home since our storage space is limited. Do not bring radios or expensive clothing and jewelry. We will do the residents' laundry but will not assume responsibility for clothing that becomes damaged through regular laundry procedures. Please select clothing that is in good condition yet inexpensive.

Phone Time: Generally, your child will have ten minutes of phone time each evening between 7:00 – 9:00 PM to call you. At times, however, phone time may not be possible due to other program requirements. Clients cannot use phone time to talk with friends.

Clients are not allowed to smoke or have possession of cigarettes as per MN State Law. We have a "no smoking" campus. Clients, parents, staff and other visitors are asked to refrain from smoking while on the grounds.

Visiting dates and times are listed below and limited to one hour.

Male Group: Wednesdays from 6:30-8:30 PM

Saturdays from 3:00-5:00 PM

Female Group: Thursdays from 6:30-8:30 PM

Sundays from 3:00-5:00 PM

The shelter nurse will do a **physical screening** at no cost to the parents. If the nurse recommends that a physician or dentist see your child, their caseworker will be notified. Parents are responsible for all costs beyond the nurse's screening.

Please complete the attached information packet, noting that we ask about insurance coverage, health concerns and an approval for your child to take non-prescription medications made available for headaches, coughs, or other forms of discomfort. A Release of Information form allowing us to consult with your child's caseworker, as well as information on time-out, restraining and grievance policies are attached. Please sign and return to the shelter at your earliest convenience.

We look forward to working with you towards the common goal of helping you child.

Sincerely, The Harbor Shelter Staff